



Please complete the form using **UPPERCASE LETTERS**.

Last Name	First Name	Middle Initial	Certificate Number

**E-Mail Address**

**New Name**

New Last Name	New First Name	Middle Initial
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**New Address**

Street and Number	City or Town	Province	Postal Code
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**New Telephone Number**

Area Code	Telephone Number
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**New Marital Status (please indicate MM/DD/YY)**

<input type="checkbox"/> Date of Marriage	<input type="checkbox"/> Date of Cohabitation (Common Law)	<input type="checkbox"/> Date Widowed	<input type="checkbox"/> Date of Divorce	<input type="checkbox"/> Date of Legal Separation
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**New Spouse**

Last Name	First Name	Date of Birth (MM/DD/YYYY)	Gender
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**Extended Health**

<input type="checkbox"/> Change/Add	<input type="checkbox"/> Single Coverage	<input type="checkbox"/> Family Coverage	Effective Date (MM/DD/YYYY)
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Terminate coverage even though I am not covered elsewhere. I understand that I will not be eligible for retirement coverage at a later date.

Terminate coverage because I am covered under my spouse's health plan      Effective Date (MM/DD/YY)

**IMPORTANT NOTES:**

If you choose to have extended health coverage and you experience a life event (change re: spouse, child), you have 60 days after the life event to make changes to your Health Care coverage.

**IF YOU ARE APPLYING FOR HEALTH COVERAGE AS A RESULT OF LOSING COVERAGE UNDER YOUR SPOUSE'S PLAN, PLEASE PROVIDE THE FOLLOWING DETAILS:**

Name of Other Insurer:	Effective Date Coverage Ceases (MM/DD/YYYY):
Identification Number:	Policy Number:

**Change in Beneficiary - Basic Life Insurance**

Subject to applicable legislation, I hereby designate the following to receive any benefits payable from the Basic Life Insurance Plan in the event of my death. I reserve the right to change my beneficiary designation. I understand that, if I do not designate a beneficiary, my estate will receive my benefits payable in the event of my death, in accordance with the laws of the area in which I reside. Health Association Nova Scotia assumes no responsibility for the validity or effect of this designation.

Last Name	First Name	Relationship	DOB: (MM/DD/YYYY)	% of Benefit
If any beneficiary is under age 18, please name a trustee:				100%

**CONTINGENT BENEFICIARY\***

Last Name	First Name	Relationship	DOB: (MM/DD/YYYY)	% of Benefit
If any contingent beneficiary is under age 18, please name a trustee:				100%
*Contingent Beneficiary will receive any benefits payable from the Basic Life Insurance Plan in the event of the death of the named beneficiary.				

**Cancel Basic Life Insurance**

I have opted to terminate my life insurance. **I UNDERSTAND THAT THE TERMINATION OF MY LIFE INSURANCE COVERAGE IS NOT REVERSIBLE.** I am aware that I do have the option to convert my coverage to a private plan as long as I do so within 31 days.

Effective Date (MM/DD/YY)

**DECLARATION AND AUTHORIZATION**

I have verified the information on this form and declare that the statements are complete and true. Also, I authorize the use of my social insurance number for group insurance identification purposes and, as required by law, for income tax reporting.

\_\_\_\_\_ Date (MM/DD/YY)

\_\_\_\_\_ Signature of Retiree

**Please forward the original to:**  
**Health Association Nova Scotia**  
**Group Benefits Solutions**  
**2 Dartmouth Road**  
**Bedford NS B4A 2K7**

<b>THIS SECTION TO BE COMPLETED BY HEALTH ASSOCIATION NOVA SCOTIA:</b>		
Retiree Name	CERT	Date of Birth (MM/DD/YY):
RBC Notified (MM/DD/YY):	PAP Cancelled or Changed (MM/DD/YY):	
Signature of Benefits Administrator	Date (MM/DD/YY)	