



Please complete the form using **UPPERCASE LETTERS**.

Last Name	First Name	Middle Initial	I.D. Number

E-Mail Address

New Name

New Last Name	New First Name	Middle Initial

New Address

Street and No.	City or Town	Province	Postal Code

New Telephone Number

Area Code	Telephone Number

New Marital Status (please indicate MM/DD/YYYY)

<input type="checkbox"/> Date of Marriage	<input type="checkbox"/> Date of Cohabitation (Common Law)	<input type="checkbox"/> Date Widowed	<input type="checkbox"/> Date of Divorce	<input type="checkbox"/> Date of Legal Separation

New Spouse

Last Name	First Name	Date of Birth (MM/DD/YYYY)	Gender

Extended Health

<input type="checkbox"/> Change/Add	<input type="checkbox"/> Single Coverage	<input type="checkbox"/> Family Coverage	Effective Date (MM/DD/YYYY):
<input type="checkbox"/> Terminate coverage even though I am not covered elsewhere		Effective Date (MM/DD/YYYY):	

IMPORTANT NOTES:
If you choose to have extended health coverage and you experience a life event (change re: spouse, child), you have 31 days after the life event to make changes to your Health Care coverage.

IF YOU ARE APPLYING FOR HEALTH COVERAGE AS A RESULT OF LOSING COVERAGE UNDER YOUR SPOUSE'S PLAN, PLEASE PROVIDE THE FOLLOWING DETAILS:

Name of Other Insurer:	Effective Date Coverage Ceases (MM/DD/YYYY):
Identification Number:	Policy Number:

Change in Beneficiary - Basic Life Insurance

Subject to applicable legislation, I hereby designate the following to receive any benefits payable from the Basic Life Insurance Plan in the event of my death. I reserve the right to change my beneficiary designation. I understand that, if I do not designate a beneficiary, my estate will receive my benefits payable in the event of my death, in accordance with the laws of the area in which I reside. Health Association Nova Scotia assumes no responsibility for the validity or effect of this designation.

Last Name	First Name	Relationship	DOB: (MM/DD/YYYY)	% of Benefit
If any beneficiary is under age 18, please name a trustee:				100%

CONTINGENT BENEFICIARY*

Last Name	First Name	Relationship	DOB: (MM/DD/YYYY)	% of Benefit
*Contingent Beneficiary will receive any benefits payable from the Basic Life Insurance Plan in the event of the death of the named beneficiary.				100%

Cancel Basic Life Insurance

I have opted to terminate my life insurance. **I UNDERSTAND THAT THE TERMINATION OF MY LIFE INSURANCE COVERAGE IS NOT REVERSIBLE.** I am aware that I do have the option to convert my coverage to a private plan as long as I do so within 31 days.

Effective Date (MM/DD/YYYY)

DECLARATION AND AUTHORIZATION

I have verified the information on this form and declare that the statements are complete and true. Also, I authorize the use of my social insurance number for group insurance identification purposes and, as required by law, for income tax reporting.

Date (MM/DD/YYYY)

Signature of Retiree

Please forward the original to:
Health Association Nova Scotia
Group Benefits Solutions
2 Dartmouth Road
Bedford NS B4A 2K7

THIS SECTION TO BE COMPLETED BY HEALTH ASSOCIATION NOVA SCOTIA:		
Retiree Name	ID #	Date of Birth (MM/DD/YYYY)
RBC Notified (MM/DD/YYYY)	PAP Cancelled or Changed (MM/DD/YYYY)	
Signature of Benefits Administrator	Date (MM/DD/YYYY)	