

Be a part of a dedicated team that is making a real difference in the quality of life of thousands of Nova Scotians.

- Promoting health and well-being
- Enjoying flexibility and choice
- Making a difference

Strong Employment Opportunities

Nova Scotia's continuing care sector is a major growth industry. There is increased demand for services in the home and community. This is creating strong employment opportunities across the province. There are many positions in high demand, such as registered nurses and continuing care assistants.



Why I love working in continuing care:

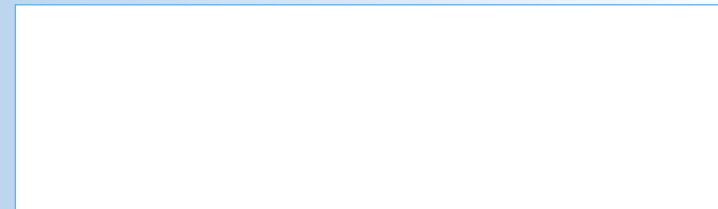
“...it challenges me everyday. It forces me to use all of myself: emotionally, physically and intellectually. It has taught me compassion, humanity and life. Working in continuing care has been the scariest, most rewarding, fun thing I have ever done. I intend to hold on and see where it takes me. So far, it has been an amazing adventure.”
—Sarah, CCA



Support individuals with disabilities to help them enhance their well-being.

More Information

Visit www.ccpns.nset.org, your link to learning more about continuing care organizations operating in the province of Nova Scotia, the programs and services they offer and the clients that they serve.



Produced by NSAHO with funding from the Nova Scotia Department of Health.



Continuing Care

Above and Beyond Because We Care



Discover a Rewarding and Challenging Career

Enriching Lives Everyday

Discover a Rewarding and Challenging Career

Are you looking for a career where you can make a real difference in someone's health, comfort and quality of life? Would you like to work in a field offering flexibility, choice and opportunities for advancement? Then consider a career in continuing care.

In continuing care, you will:

- help people to maximize their independence and promote their health and well-being.
- provide families with respite, education and support to assist them to meet the ongoing care needs of their loved ones.
- experience the reward of knowing that the compassionate care and support you provide is enriching someone's life.



- meeting a variety of new people and learning about their individual cultures and traditions.

Many people working in [continuing care facilities](#) enjoy:

- having a consistent work environment and the stability of regular shift rotations
- having increased interaction with co-workers, working alongside a multi-disciplinary team

[Adult Day Programs](#) provide a further element of choice for people who enjoy coordinating activities and programs. Day programs support independent community living of seniors and adults with disabilities.

By choosing a career in continuing care, you will have the chance to explore these practice settings and uncover their unique lifestyle benefits and rewards for yourself.

Continuing Care Offers Flexibility and Choice

Continuing care services and programs are provided in a variety of practice settings. This can be in the home; a continuing care facility, such as a nursing home, residential care facility, or adult residential centre/regional rehabilitation centre; or in the community. This range of service delivery options offers a great amount of flexibility and choice for people who choose a career in this rapidly growing field.

These various practice settings share many common benefits. However, there are some aspects of each that you may find attractive.

For example, many people working in [home care](#) enjoy:

- having the freedom of flexible scheduling and the ability to work independently



Assist a child along the road to recovery



Help a senior enjoy greater independence